

Duke Cardiology Fellows Training Program

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Sixty-three Years of Excellence

Joseph C. Greenfield, Jr., MD

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It is with a great deal of appreciation that this book is dedicated to the Cardiology Fellows. For over six decades, their unfailing commitment has made the Duke Cardiology Division without peer.

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PREFACE

As a general rule, the purpose of a Preface is to provide the reader with the author's justification or defense, as the case may be, of what has been written. If adequate, it should entice the reader to delve further into the body of the book. I hope that the Preface accomplishes this goal.

For more than 60 years, graduates of the Cardiology Fellows Training Program at Duke University Medical Center have made a major positive impact on the treatment of patients with cardiovascular disease. These physicians have been at the forefront of developing strategies for improving health care, carrying out both clinical and basic research, delivering outstanding patient care, and training future cardiologists.

What are the strategies which this or, in fact, any Training Program must augment in order to assure the development of outstanding cardiologists? The primary precepts are really quite simple. 1) Recruit the highest quality, dedicated physicians as trainees and 2) provide a milieu where every aspect of their training is designed to inculcate the cognitive and philosophical components of an outstanding physician. Thus, it is mandatory that in every aspect of training, be it patient care or research, only the highest quality approaches are acceptable. The achievement of these goals is in constant need of reaffirmation by all those involved with the Training Program. Frankly, without constant surveillance, any Training Program will slip into mediocrity. I believe that our Cardiology Training Program has met these criteria at the highest level.

The primary purpose of this book is not only to document these achievements, but also to examine the nature of the Training Program and to whatever extent possible, define the factors which have led to the outstanding results.

This programmatic description encompasses the period from 1946 through 2009. The material in this manuscript has been extensively revised and enlarged since the original publication: *Duke Cardiology Fellows Training Program, Origin to the Present*, published in 2004.

Throughout the manuscript, the designation "fellow" denotes a physician either during or after finishing their fellowship. In order to be included, a fellow must have been enrolled in the Training Program for at least one year.

In presenting the large body of material, Chapters II–VII deal with specific time periods. Each of these chapters presents both a narrative of the programmatic development as well as a Table listing the names of the fellows, the types of training and future careers. (A detailed explanation of the content of these Tables is given at the end of Chapter II.) The remaining chapters deal with specific aspects of the Training Program.

The Appendix documents the sources of the data. A “Rogues’ Gallery” contains pictures obtained usually in a non-academic setting of a number of the fellows and faculty.

In order to provide a visual overview, significant milestones in the development of the Cardiology Division and the Cardiology Fellows Training Program are illustrated by the Frontispiece.

ACKNOWLEDGMENTS

There are a number of people who have been extraordinarily helpful in developing this material.

Bettie Houston has been responsible primarily for locating the graduates and obtaining pertinent material from them. This was a monumental effort. In addition, she meticulously prepared multiple drafts of the data tables and the manuscript. As always, she carried out the work gracefully and with good humor.

Judith Rembert has been instrumental in acquiring, sifting through, organizing and editing the voluminous material. It is difficult to succinctly characterize her multiple contributions: probably best expressed as quality control.

Drs. Galen Wagner, Tom Bashore and Chris O'Connor have been essential resources and have made numerous helpful observations and suggestions.

Dr. Bob Waugh functioned as the primary photographer.

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A number of the Cardiology faculty and fellows have allowed me to “pick their brains” regarding their perspectives of the Fellowship Training Program.

Finally, it would be amiss not to recognize the efforts of my fellow Chiefs of Cardiology: Drs. Henry McIntosh, Andy Wallace, Gary Stiles, Pascal Goldschmidt, Pam Douglas and Howard Rockman along with the Training Program Directors—Drs. Galen Wagner, Ed Pritchett, Gary Stiles, Tom Bashore and Andrew Wang. Their leadership over the years has shaped and nurtured the Training Program.

Dr. Eugene A. Stead, Jr. (1908–2005) made of number of unique contributions which fostered the development of the Training Program.

Special recognition is given to Dr. Edward S. Orgain (1906–1995), who not only initiated the Training Program, but also served as an outstanding role model for nearly 40 years.