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Skills and Techniques

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MEDIATION

Skills and Techniques

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MATTHEW  BENDER

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DEDICATION

Joseph Arthur and Josephine Marian Boule,
Wise Elders

~LB

Jean Mary Shanley and Anna Catherine Colatrella,
who remind me why peace matters

~MTC

and

Deborah Oravec Picchioni,
my best friend

~APP

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The expectations of life depend upon diligence: the mechanic that would perfect his work must first sharpen his tools.

—Confucius (Philosopher)

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